

Please share this bulletin with family and friends; anyone can join us on Zoom anywhere in the world!

Reminder, articles for publication must be received by the 15th of the month prior to publication.

Next Hevrat Shalom Sabbath Service Is IN PERSON at Ingleside

July 2nd at 7:45 PM Look for your "eVite"

Below is the link for all Hevrat Shalom Zoom Events:

<https://zoom.us/j/2407676518?pwd=cG5QdGRBQ0lGK1Q1ZlJUQktTc0M5QT09>

ID: 240 767 6518 Password: Hevrat21

Dial-in Phone Number for Voice Only: 301-715-8592

Meeting ID for Voice Only: 240 767 6518

Password for Voice Only: 025649#

Welcoming Back Live Shabbat Services with Hevrat Shalom! (A Warm Welcome Back)

BY THE INGLESIDE CHAPLAINS

We are so excited to welcome back Hevrat Shalom to IKF! Their first service will be on Friday, June 18 at 7:45 in the Chesapeake Room. We are grateful to Hevrat Shalom for all that they did for our community during the pandemic, especially sending us services so that all of our residents who wanted to attend could pray, even if they didn't zoom. If you moved here during the pandemic in search of a Jewish community, and never had a chance to meet their clergy team nor the entire congregation in person, this is a wonderful opportunity to connect. We wish them so many blessings upon their return.

Synagogue Update

Steve Permison, MD

Dear Friends,

This past year has been challenging for all of us individually, and for Hevrat Shalom as well. Now, light has appeared and hopefully we can usher in our new year, 5782 with optimism for better times. Sue Tubbs, our Synagogue Administrator, whom we all know and love, is hospitalized at Suburban Hospital having a difficult time literally fighting for her life. Rabbi Novick has been calling Sue every day and reciting the Mi Shebeirach - prayer for healing - with her. I have also been speaking with her, her

physicians, and nursing staff daily, while working with her grandson, Spencer and the Geek Squad to retrieve several datasets from her computer including our most current membership and yahrzeit lists, and the synagogue's financial information.

Obviously, without Sue, temple management is a challenge. Please help us by paying your dues, which are unchanged from last year, now, either through our website: www.hevratshalom.org or by check to: Hevrat Shalom, P.O. Box 3606, Gaithersburg, MD 20878.

5782 High Holy Day Services are early this year. Erev Rosh Hashanah is on Monday, September 6th and Kol Nidre is Wednesday, September 15th. In order to prepare our *Book of Remembrance* celebrating the names of your loved ones, please include with your dues your list of names to be memorialized. A donation of "Chi" (\$18) is suggested for each name. Helping us now by paying your dues and submitting them together with your High Holy Day Yiskor list and donations, will greatly facilitate synagogue management and save considerable hours of purchased administrative and bookkeeping support.

Thank you.



Three Weeks Rabbi Stan Levin

From June 27 (the Fast of Tammuz this year) and July 18 (Tisha b' Av this year) we are in a period of three weeks of mourning. These are the dates when the walls of Jerusalem were breached and ultimately when the Temple and the city were destroyed.

Jerusalem was a city that was not named specifically in the Torah, however, rabbis understood that when the Creator tells Abraham about "a place that I will show you," this was a reference to it. 1 Kings 15:4 has the Biblical cite to Jerusalem by name. It was to be David's capital. The significance of Jerusalem in Jewish history cannot be overstated.

With the fall of the Second Temple on the 9th day of Av (Tisha b' Av in Hebrew), in the year 70 of the Common Era, the Roman believed that they had destroyed the Jewish

homeland forever. Over the millennia, the Promised Land was under the control of the Roman, Ottoman, and even the British empires.

Yet, there was hope that we would be back in Jerusalem. This is why the Haggadah, the Jewish prayer book used at Passover Seders ends with the phrase "Next Year in Jerusalem."

In 1878, a Jewish poet by the name of Naftali Hertz Imber, wrote a poem, "Tikvatanu" (Hebrew of "Our Hope") that was set to music in 1888 by Samuel Cohen. The music was based on a Moldavian folk song and renamed "Hatikavah" ("The Hope"). The song has hope that our prayers for a Jewish homeland after 2000 years will be answered. It concludes with "there will a free country in our land, the land of Zion in Jerusalem." That hope was answered in 1948 with the Israeli war of Independence.

In its 73 years, Israel has struggled to survive and has also managed to thrive. Yet, here we are in 2021 (1,951 years since Tisha b'Av in 70 AD) and the existence of a Jewish country in the middle-east is still at risk.

As Jews, we celebrate major life events, but we also take time for somber thoughts about the sad events that happened to us in the past, with prayers that the times of desperation will not happen again. We do not forget our history because it is in our DNA, but it is also there to give us hope for the future.

We hope and pray for peace for Israel, all of its residents, and its neighbors. Wouldn't it be wonderful if this Tisha b'Av (July 18) becomes a day in which the mourning connected to this date is replaced by peace and the assurance of the survival of the Jewish State of Israel?



Tish'ah Be'av Begins July 18, 2021 eve

Rabbi Peter Novick

Tisha b'av – is literally the 9th day of the Hebrew month of Av – it is, is a day of mourning. Many calamities have befallen the Jewish people during their long history. The 9th day of Av, or tisha b'av commemorates a series of major disasters that, by coincidence, supposedly occurred on this day:

- **It is the anniversary of the Divine Decree (1312 [before the common era] (bce) that the Jewish people, except Caleb and Joshua, would remain in the desert 40 years until that generation died out, after they cried over the 10 spies' false report about the land of Canaan.**

- The First and Second Temples were destroyed (the first by the Babylonians under Nebuchadnezzar in 586 bce; the Second by the Romans in 70 bce under Titus).
- Bethar or Beitar, the last Jewish fortress during the Bar Kokhba rebellion fell to the Romans in 135 bce with terrible loss of life.
- A year later Jerusalem was ploughed up and turned into a non-Jewish city by the Romans under Aelia Capitolina.
- Pope Urban ii declared the first crusade. Tens of thousands of Jews were killed, and many Jewish communities obliterated.
- The Jews of England were expelled in 1290.
- In 1492, the 9th of Av, was the last day by which all Jews who would not be baptized had to leave Spain, thus ending a glorious era in the annals of Jewish history. Over 300,000 chose to leave and many of those never made it. Of those who remained and converted, but who secretly kept their Jewish identity (called Merinos), many were caught by the inquisition and burnt at the stake.
- World War i began on the 9th of Av. It uprooted large Jewish populations and threw most Jewish communities into chaos. It brought the Russian revolution which crushed Judaism, and created conditions that gave rise to Nazism and the holocaust.

Therefore, a spirit of mourning prevails throughout the day. We are not supposed to partake of any enjoyable activity - not even the study of Torah - except study of the Books of Job and Lamentations, which evoke sadness and tears; and those prophecies of Jeremiah which speak of the fall of Jerusalem.

Tasha b'av serves to bind all of these tragic events together in one day of mourning and remembering. Dr. Ismar Schorsch, the former Chancellor of the Jewish Theological Seminary has said that the twenty-four hour fast of Tishah b'av celebrates the resilience of the Jewish spirit. Even as we commemorate the destruction of two temples and other dark moments of our history, we pay tribute to the unbroken faith and indomitable will of our people. Mourning is the language of memory, the passage to recovery.

May we never forget.



Let me Introduce Myself...

Rabbah Arlene Berger

I thought I would take the time (and space) in this month's bulletin to introduce myself. I grew up in Providence, RI. I was raised in a

cultural-Zionist home, attended services at a Conservative shul and learned at an Orthodox day school. I have a BA in Human Services from Simmons College and an MBA, an MSW and a certificate in Gerontology from Boston College. I have studied in Israel for periods as short as three weeks and as long as one year. After working for years in the field of social work and aging while I worked and volunteered in the Jewish world, I decided it was finally time to enter rabbinical school and become a rabbi.

When I was younger, I had the good fortune of having an incredible rabbi, teacher, friend and mentor– Rabbi Jake Rubenstein, z”l. Rabbi Rubenstein was Modern Orthodox and my advisor in NCSY (an Orthodox youth movement). During the many Shabbatot that I spent with his family, he talked a lot about the metaphor of a ladder where each rung represents levels and specificities of religious practice. What I learned was that everyone’s religious practice evolves at differing rates. The key is that it doesn’t matter where you are on the ladder, but that it is okay to remain on that same rung of the ladder for as long as needed before being ready to move on.

Ultimately, I came up with the subtitle of my Jewish life - a Jew in Dialogue with Halacha/Jewish Law. While I value and appreciate the framework that scaffolds so much of Judaism, I realized that I didn’t believe that halacha was ever intended to be static or frozen. The very word, halacha, means a path, a way, a walk – how can one walk if one is standing still? The theologian Rachel Adler wrote, “The path to divinity is a path of connectedness, a communal way that includes the living and those past.” This statement is a large part of the reason I chose to become a rabbi at the Reconstructionist Rabbinical College. I believe our task is to value and learn from the past in order to figure out what it means to be Jewish in the present and how to safeguard Judaism, in whatever form it will take, for the future.

To paraphrase the V’ahavta, the first paragraph of the Shema: I am a Jew 24/7, at home or away, awake or asleep, alone or with family or with community. I revel in our heritage, find great strength in its familiarity, and derive peace and strength in its rituals. I am proud that I’ve given myself permission to change as the world and my understanding has changed and that I’m able to demonstrate that change creatively through my learning and my teaching. My faith in God has always been strong. At the same time, I’ve questioned, challenged, and looked at all sides of each issue. All people should have the opportunity to develop their own multi-faceted relationships with the Divine. I believe that the charge of my rabbinate is to accompany and support people as they move through their own exploration of Judaism.

Our people are called B'nai Israel which one can translate as the children of the one who struggles with God. This gives us permission, or perhaps a mandate, to continually wrestle, question, and challenge our beliefs, our heritage, our spirituality.

My greatest blessing in life comes from my family - my husband Warren, daughter Jennie and our son Alex (daughter-in-law Madeline and granddaughter Brianna). I look forward to getting to know the Hevrat Shalom families in the months to come.

If you'd like to get to know me a little better, here are two recent articles from the Washington Jewish Week – one that I wrote, another that I'm quoted in.

1) A Dvar Torah on Parshat Korach - <https://www.washingtonjewishweek.com/korach-still-up-to-his-old-tricks/>

2) An article on Cicadas in the DC area - <https://www.washingtonjewishweek.com/faced-with-cicadas-d-c-area-residents-take-shelter-from-the-swarm/>



Chai! How are you?

Cantor Caron Dale

My husband Steve sent me a link to Jimmy Fallon's Tonight Show episode, mid-June. His guest star was Lin-Manuel Miranda. They discussed missing Broadway and then reveled in the fact that it will be returning in September. Before you knew it, they broke into song highlighting the many shows that were playing on Broadway when the pandemic hit and were forced to close. All of a sudden, major theater stars joined them on stage to sing and dance including: Olga Merediz, Phylicia Rashad, Kristin Chenoweth, Christopher Jackson, Laura Benanti and Jimmy Smits. By the time this six-minute segment was over, I was in tears.

Now that in person restrictions have lessened significantly, new emotions are coming into play. We are gratefully yet gingerly gathering together once again. We shed tears of relief along with sobs of sorrow. We move forward with happy anticipation tempered by caution.

We are navigating how to be with people, in person once again. This is a great opportunity to explore returning to Services when you are ready, to be enveloped by the sacred space we create when we are together. Being at Services and visiting at the

oneg, we know we are part of something special. We are seen. And we are grateful to see each other. Being together, our spirits rise even in the darkest of times.

Our first in-person gathering was the June Shabbat Service. How apt that it landed on the 18th day of the month. The two Hebrew letters that make up the number 18 spell the Hebrew word *chai* which means life.

So let's raise a glass in appreciation that we made it this far and we can finally be together again. *L'chaim!*



Oy Vey! Musicals! **Cantorial Soloist Joan Wolf**

I love Broadway musicals. I love Jews. When thinking of the two combined, one of the obvious answers is *Fiddler on the Roof*. And, if you haven't seen it in awhile, please join me and take a trip down memory lane and click this: <https://www.youtube.com/watch?v=qdV2Ohq82xY>. And Stephen Schwartz (composer of *Wicked*, *Pippin*, *Godspell*, Disney's *Hunchback of Notre Dame* and *Prince of Egypt* and more) wrote *Rags* about Russian Jewish immigrants and work in sweatshops (here is a link to an article about the show and album: <https://www.mtishows.com/news/read-the-pre-perusal-of-rags-for-free>).

But wait, there's more! Have you seen *Ragtime*, the Jewish American story of Tateh and his little girl (among other immigrant stories) in 1906? Here is a regional production: <https://www.youtube.com/watch?v=ghjI1c-kkuo>. For a darker but compelling "B" (secondary) storyline, watch *Cabaret* that addresses a German widow and a Jewish businessman who experience love during the Third Reich: <https://www.youtube.com/watch?v=IOs82ubFyFQ>.

Many of you might not have heard of *Parade*, which is a true story of Southern anti-Semitism, a story that actually led to the murder of Leo Frank: <https://www.youtube.com/watch?v=12YhJ3Cb86w> (this is a concert featuring all of the songs). Even more obscure, the musical *War Paint* highlights cosmetic giants Helena Rubenstein (daughter of an Orthodox Jewish kerosene salesman from Krakow) and Elizabeth Arden (a farm girl from rural Canada): <https://www.youtube.com/watch?v=JP6jWkI2g40> (this is an onstage interview with the stars and writers before their Broadway opening).

And, my idol, Barbra Streisand, has brought us *Funny Girl* (available for rent on YouTube and cable channels, here is her stunning rendition of "People" https://www.youtube.com/watch?v=9-8gn6vGu_w, *Funny Lady* (which is available for rent on YouTube and cable channels, here is the movie trailer <https://www.youtube.com/watch?v=HpEMvTWLdBQ>), *I Can Get It For You Wholesale* (https://www.youtube.com/watch?v=z_DU6tJBWoc, this is the full album recording).

Wow, I miss sitting in a theatre and watching people sing their hearts out. **STAY TUNED** for details about a **Jews & Broadway** performance with Rabbi Stan, myself, my daughter Leah and my best girlfriend Karen on piano coming **LIVE TO YOU** in **AUGUST!**

Events Calendar

Friday, July 2, 7:45 pm, Sabbath Service led by Rabbah Arlene Berger with Cantorial Soloist Joan Wolf, the Chesapeake Room, Ingleside on King Farm.

Friday, July 16, 7:45 pm, Sabbath Service led by Rabbi Peter Novick with Cantorial Soloist Joan Wolf, the Chesapeake Room, Ingleside on King Farm.

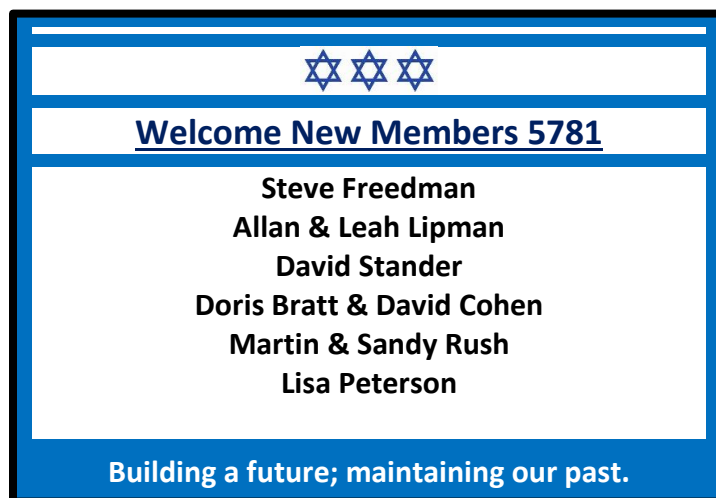
Wednesday, July 21, 10:30 am, Jewish Women in the Bible. Study group led by Rabbi Peter Novick. The Chesapeake Room, Ingleside on King Farm: We rarely hear or read about Jewish women in the Bible. Yet, there are quite a few of them of significant accomplishment. Who were they? What did they accomplish? What do we learn from them?

Thursday, July 29, 10:30 am, Music symposium led by Cantor Caron Dale. "Live on Zoom" Shabbat Music - The Power in Singing Together.

Anytime Live Links, Listings of interesting Jewish community events available online, mostly without cost, provided by our Live Links Editor, Michael Chernick, (Help make this live links a success by sending Michael relevant internet links that you would like to share with our membership)

The Community Scholar Program (CSP) is a series of Jewish-themed Zoom lectures sponsored by a group of synagogues, primarily in Orange County, California. All of the lectures are on Zoom, so they are accessible to anyone on the Internet. CSP provides about 3 to 4 new lectures every week, so there is plenty of content to interest Hevrat Shalom membership.

The lectures are available live on Zoom, and previous lectures are posted on YouTube. So if you miss a live lecture, you can view it later at your convenience. Most of the lectures are free, but some require a membership, which is \$180 for a year for a family of two. (Expensive if you only want to watch a lecture or two.). However, the previous lectures are usually available free on YouTube within a day of the live lecture. So, you can attend the lectures for free, and at a time of your convenience. If you are interested in getting started with CSP, go to www.ocdsp.net. You can sign up for their email list (as I have), find out about upcoming events, locate their Facebook and YouTube sites, as well as podcasts, and generally learn more about them. If you have difficulty, email me at mikechernick@yahoo.com. Please put "Hevrat Shalom" in the subject line. I'll try to get back to you within a day or two, maybe faster if I'm not too busy.





Yahrzeits & Year of Mourning

Sue Tubbs, our Synagogue Administrator and keeper of our yahrzeit database, has been hospitalized for several weeks. Just prior to being hospitalized she began having problems with her computer. We are working with the Geek Squad, to recover this and other data from Sue's computer and hope to have our Yahrzeit and Year of Morning Information restored shortly. We apologize that this information is not available for now.

May their names be for a blessing. . . .
אחז"ל) אמרו חכמינו זכרונם לברכה